

Primary School  
Week 1

Week Commencing 04.10.21, 01.11.21, 22.11.21 & 13.12.21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Soup (V)	Soup (V)	Soup (V)	Soup (V)
MAIN DISH 1	Fish Fingers Oven Chips Peas	Quorn or Pork Sausage Casserole Mash Potatoes Broccoli	Quorn or Beef Pasta Bolognaise Sweetcorn	Cosmo Wholemeal Pizza Wedges Veg Sticks
MAIN DISH 2	Baked Potato Baked Beans	Baked Potato Tuna Mayo & Sweetcorn	Baked Potato Cheese	Baked Potato Chicken Mayo
COLD OPTION	<u>Sandwiches</u> Egg Mayo Sliced Chicken Tuna Mayo Hummus	<u>Sandwiches</u> Egg Mayo Tuna Mayo Cheese Coronation Chicken	<u>Sandwiches</u> Egg Mayo Cheese Sliced Chicken	<u>Sandwiches</u> Egg Mayo Cheese Tuna Mayo Coronation Chicken
DESSERT	Mixed Melon Wedges	Seasonal Fruit Salad	Pineapple Wedges	Seasonal Fruit Salad
DRINKS	Milk or Water	Milk or Water	Milk or Water	Milk or Water

Signed:

- MIXED FRUIT & SALAD AVAILABLE DAILY

Primary School  
Week 2

Week Commencing 11.10.21, 08.11.21, 29.11.21 & 20.12.21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Soup (V)	Soup (V)	Soup (V)	Soup (V)
MAIN DISH 1	Chicken or Vegetable Risotto Sugar Snap Peas	Baked Omelette Baked Beans Cherry Tomatoes	Chicken or Quorn Burgers Potato Waffle Mini Corn on the Cobb	Macaroni Cheese Broccoli
MAIN DISH 2	Baked Potato Cheese	Baked Potato Tuna Mayo & Sweetcorn	Baked Potato Baked Beans	Baked Potato Chicken Mayo
COLD OPTION	<u>Sandwiches</u> Egg Mayo Sliced Chicken Tuna Mayo	<u>Sandwiches</u> Egg Mayo Tuna Mayo Cheese Coronation Chicken	<u>Sandwiches</u> Egg Mayo Cheese Sliced Chicken Hummus	<u>Sandwiches</u> Tuna Mayo Cheese Egg Mayo Coronation Chicken
DESSERT	Pineapple & Mango	Seasonal Fruit Salad	Orange Wedges	Seasonal Fruit Salad
DRINKS	Milk or Water	Milk or Water	Milk or Water	Milk or Water

Signed:

- MIXED FRUIT & SALAD AVAILABLE DAILY

Primary School  
Week 3

Week Commencing 27.09.21, 25.10.21, 15.11.21 & 06.12.21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Soup (V)	Soup (V)	Soup (V)	Soup (V)
MAIN DISH 1	Fish Cakes Oven Chips Peas	Chicken & Sweet Potato Curry Broccoli	Beef or Quorn Chilli Con Carne Brown Rice	Cosmo Wholemeal Pizza Wedges Veg Sticks
MAIN DISH 2	Baked Potato Cheese	Baked Potato Tuna Mayo & Sweetcorn	Baked Potato Baked Beans	Baked Potato Chicken Mayo
COLD OPTION	<u>Sandwiches</u> Egg Mayo Tuna Mayo Cheese Coronation Chicken	<u>Sandwiches</u> Egg Mayo Sliced Chicken Tuna Mayo	<u>Sandwiches</u> Egg Mayo Cheese Sliced Chicken Hummus	<u>Sandwiches</u> Egg Mayo Tuna Mayo Cheese Coronation Chicken
DESSERT	Mixed Melon Wedges	Seasonal Fruit Salad	Pineapple Wedges	Seasonal Fruit Salad
DRINKS	Milk or Water	Milk or Water	Milk or Water	Milk or Water

Signed:

- Primary School MIXED FRUIT & SALAD AVAILABLE DAILY

Friday Packed Lunch

	WEEK 1	WEEK 2	WEEK 3
<b>SANDWICH OPTIONS</b>	Sliced Chicken Tuna Mayonnaise Egg Mayonnaise Hummus	Sliced Chicken Tuna Mayonnaise Egg Mayonnaise Hummus	Sliced Chicken Tuna Mayonnaise Egg Mayonnaise Hummus
<b>DESSERT OPTIONS</b>	Fruit Yoghurt Or Home Baking Coconut & Oat Cookie	Fruit Yoghurt Or Home Baking Flapjack	Fruit Yoghurt Home Baking Sweet Potato & Carrot Muffin
<b>FRUIT &amp; SALAD (Automatically Added)</b>	Fresh Fruit Salad Pot	Fresh Fruit Salad Pot	Fresh Fruit Salad Pot
<b>DRINK OPTIONS</b>	Milk Or Water	Milk Or Water	Milk Or Water

Signed: